



FRESHMAN YEAR CHECK-IN

Mrs. di Carlo

March 2018

NACAC COLLEGE FAIR: MARCH 20TH

- What: NACAC College Fair – Colleges and universities from across the country will be represented at this fair, and you can attend sessions on the college application and financial aid process.
- When: Tuesday, March 20th from 4:30 – 7:30 pm
- Where: Raleigh Convention Center, Downtown
- How to Register and View Attending Schools:
Visit <https://www.nacacfairs.org/attend/national-college-fairs/raleigh-college-fair/> .



TALKING POINTS – SECOND SEMESTER FRESHMAN YEAR CHECK IN

- Attendance & Tardies
- High School Graduation Requirements
- Transcript Nuts & Bolts
- UNC System Minimum Requirements
- Registration
- The Road to College & Preparing to Apply!
- Extracurriculars, Summer Opportunities, and Letters of Recommendation



GRADUATION REQUIREMENTS

COURSES	CREDITS
ENGLISH English I, II, III & IV	4 credits
MATHETMATICS CC Math I, II, III & IV	4 credits
SOCIAL STUDIES World History, Civics & American History I & II	4 credits
SCIENCE Earth Science, Biology & Chemistry	3 credits
HEALTHFUL LIVING	1 credit
6 ELECTIVE CREDITS – for application to a 4-year college, 2 of these credits must be foreign language	6 credits
TOTAL	22 credits



PREREQUISITE COURSES BEFORE SAU

- English I and II
- Earth Science, Chemistry and Biology
- World History and Civics
- CC Math I, II and III



TRANSCRIPT NUTS & BOLTS

- What is on a student's transcript?
 - History of final grades in high school and college courses
 - Weighted and unweighted GPA
 - Class rank
 - EOG & EOC scores

- What is **not** on a student's transcript?
 - Extracurricular activities
 - Service hours
 - PSAT, SAT & ACT scores



TRANSCRIPT NUTS & BOLTS CONT.

- Where do I send my student's transcript?
 - To any school, including community colleges, that students apply to
 - Summer opportunities and scholarships may require a transcript.
 - Final transcripts must be sent to the college that student decides to attend.
- How do I request a transcript?
 - By completing a records release with Mrs. Loftin.
 - Senior Year: You will request transcripts to be sent to NC colleges online through www.cfnc.org



CALCULATING GPA

* DENOTES WEIGHTED GRADE POINTS

GRADE	ACADEMIC	*HONORS	*EARLY COLLEGE	*ADVANCED PLACEMENT
A	4	4.5	5	5
B	3	3.5	4	4
C	2	2.5	3	3
D	1	1.5	2	2
F	0	0	0	0



CALCULATING SAMPLE GPA

Example GPA				
Course	Credit	Grade	Points Unweighted	Points Weighted
(H) Biology	1	A	4	4.5
Freshman Seminar	1	B	3	3
(H) World History	1	B	3	3.5
Totals	3		10	11
	Divide by Credit Hrs.		$10/3 = 3.33$	$11/3 = 3.66$



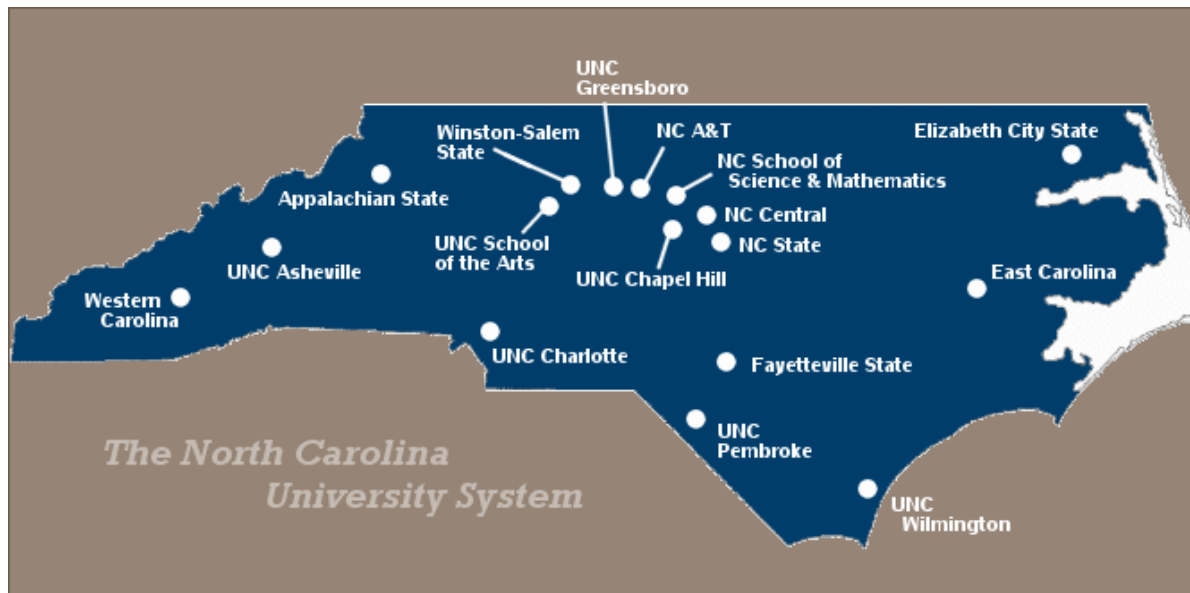
OVERALL STEPS TO A SUCCESSFUL START TO HIGH SCHOOL!

- Maintain strong grades – For most college applications, they will only see grades from 9-11th grades.
- Work with Mrs. di Carlo to develop a college entrance exam timeline (SAT & ACT).
- Continue to participate in extracurricular & volunteer activities & part-time work. Pursue leadership opportunities! And, keep track of these activities! 😊
- Service Hour Requirements for NHS
- Establish good relationships with teachers.
- Purposefully explore colleges and complete campus tours.



UNC MINIMUM ADMISSIONS REQUIREMENTS

- To submit an application to a UNC system school, an applicant must meet the following requirements:
 - Fulfill all HS graduation requirements and complete two consecutive levels of the same foreign language
 - Earn a minimum 2.5 GPA and 800 SAT (Critical Reading + Math) or 17 ACT composite score



REGISTRATION

- We will register for next year's classes during the week of March 12th.
- Mrs. di Carlo will create an individual scheduling template for each student.
- Required courses:
 - English II Honors
 - Civics/Economics Honors
 - Earth Science Honors or AP Environmental Science
 - Chemistry Honors
 - Spanish II (if not already completed)
 - Next Maths: Recommendations will be made by math teachers.



REGISTRATION CONTINUED

- Elective Options:
 - Principles of Business
 - Microsoft Word and Power Point Honors
 - Microsoft Excel and Access Honors
 - Speech I Honors
 - Holocaust and Genocide in World Studies
 - Spanish III Honors
 - Yearbook I and II Honors (application required)
 - Intro to College Math Honors
 - Career Management



STANDARDIZED TESTING: PSAT, SAT & ACT

- The PSAT will be administered on the academies' campuses in mid-October of each year. We receive scores in December.
- The cost to take the PSAT for freshmen and juniors is \$15. Benefits of taking the PSAT: Standardized practice for the SAT and National Merit & Achievement Scholarship Opportunities for juniors.
- Scores are not reported to colleges & do not affect admissions.
- Visit <http://www.collegeboard.com/student/testing/psat/prep.html> for more information.



THE ROAD TO COLLEGE & PREPARING TO APPLY

- Conduct web searches on sites such as www.cfnc.org and www.collegeboard.org – College Match is a great feature!
- Visit undergraduate admissions websites and talk with older friends, parents and counselors.
- Attend college fairs, and set up campus tours by calling admissions office or visiting websites.
- Compare your stats to recently admitted freshmen: www.bigfuture.collegeboard.org
- Research application deadlines and university-specific scholarship opportunities.
- Begin the process with patience and communication between students, parents, counselors & teachers! ☺



COLLEGE SELECTION CHECKLIST

- Offer Major
- Location (In State vs. Out of State)
- Size of School; Faculty-Student Ratio
- Extracurricular Activities
- Financial Assistance
- Strongest or weakest academic departments
- Weekend Activities
- Transportation
- Is this school the best fit for **your child**?



FACTORS IN THE ADMISSIONS PROCESS

- Rigor of course work
- Grades (Weighted & unweighted GPA)
- Class rank
- SAT and/or ACT scores
- Extracurricular activities – Quality over Quantity!
- Part-time work experience
- Recommendations
- Essays
- Recommendations & essays particularly come into play when determining honors college placement and scholarship opportunities based on undergraduate application only.



TYPES OF DEGREES

High School – 4 years: Diploma

Community College – 2 years: Associates Degree

College/University – 4 years: Bachelor's Degree

Postgraduate Studies – 2 + years: Master's Degrees

Postgraduate Studies – 3+ years: Doctorate Degrees:
ED, PhD, MD

Professional Degrees – Law Degrees

At SAU, you will not earn an additional degree; you will accumulate college credit hours.

TYPES OF FOUR YEAR COLLEGES: PUBLIC VS. PRIVATE

Public Colleges and Universities

- Public colleges and universities are funded by local and state governments and usually offer lower tuition rates than private colleges, especially for students who are residents of the state where a college is located.

- Examples: University of North Carolina-Chapel Hill



East Carolina University, Appalachian State University, College of Charleston

Private Colleges and Universities

- Private colleges rely mainly on tuition, fees and private sources of funding. Private donations can sometimes provide generous financial aid packages for students.

- Examples: Duke University



Davidson College, Harvard University, Saint Augustine's University, Vanderbilt University

TYPES OF FOUR YEAR COLLEGES: IN STATE VS. OUT OF STATE

Public In State Schools: The cost of attendance is lower for in-state residents because your parents have been paying into the NC tax system that supports our public university system. Public in state schools are also obliged to accept a certain percentage of in state residents.

Public Out of State Schools: As a non-resident, you will pay the full sticker price as a non-resident at an out of state school. [How will the percentage of accepted non-resident students differ than resident students?](#)

Private In State and Out of State Schools: There is no difference in cost of attendance for in state and out of state private schools. [Why?](#)

COLLEGE SELECTIVITY

To determine a college's selectivity, divide the number of accepted students by the applicants.

- **Most Selective:** Less than 25% of applicants are admitted. Examples: Harvard University (6%) Over 37,000 students applied to Harvard last year. 2,000 students were admitted.
- **Very Selective:** 25-50% of applicants are admitted. Examples: UNC-Chapel Hill (29%); Wake Forest University (34%)
- **Somewhat Selective:** 50-75% of applicants are admitted. Examples: Elon University (51%); Meredith College (61%)
- **Less Selective:** Greater than 75% of applicants are admitted: Examples: Queens University of Charlotte (78%)

COST OF ATTENDANCE

What is included in cost of attendance?

- Tuition and fees
- Room and board
- Books and supplies
- Transportation
- Personal Expenses

COST OF ATTENDANCE

Sample Costs of Attendance (for one year):

- UNC-Chapel Hill (in-state resident)
 - Tuition and fees: \$8,591
 - Room and board: \$10,902
 - Books and supplies: \$1,442
 - Estimated personal expenses: \$2,552
 - Transportation expenses: \$862
 - **Estimated Total: \$24,349**
 - ***For an out of state resident, the estimated total is \$49,431.**
- Duke University
 - Tuition and fees: \$49,241
 - Room and board: \$14,032
 - Books and supplies: \$1,320
 - Estimated personal expenses: \$2,206
 - Transportation expenses: \$600
 - **Estimated Total: \$67,399**

EXTRACURRICULAR OPPORTUNITIES

- Triangle Options:
<http://www.carolinaparent.com/articlemain.php?Volunteer-and-Community-Service-Opportunities-in-the-Triangle-3086>
- YMCA: <http://www.ymcatriangle.org/give/volunteer>
- Church work and mission trips
- Wake County Libraries:
<http://www.wakegov.com/libraries/services/teens/Pages/default.aspx>
- Activate Good: <http://activategood.org/opportunity>
- Summer Ventures – Deadline is January 31st ! :
<http://www.summerventures.org/>
- NC Governor's School – Junior Year Opportunity:
<http://www.ncgovschool.org/>
- College camps – Scholarships available!
- Part-time employment: Shows initiative and responsibility.



LETTERS OF RECOMMENDATION

- You may need letters or references for summer opportunities, job applications and college applications.
- Ask – don't assume.
- Give us all necessary information: program details, letter deadline and address, stamped envelope if necessary, a copy of your resume.
- Give teachers at least two weeks notice.
- Who is the best person to serve as a reference?
- Follow up with a thank you!



REFERENCES & RESOURCES

- CollegeBoard: www.collegeboard.org
- College Foundation of NC: www.cfnc.org
- College Week Live: www.collegeweeklive.com
- College View: www.collegeview.com
- Free Application for Federal Student Aid (FAFSA): <http://fafsa.ed.gov>

Please contact me with any questions or concerns!

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