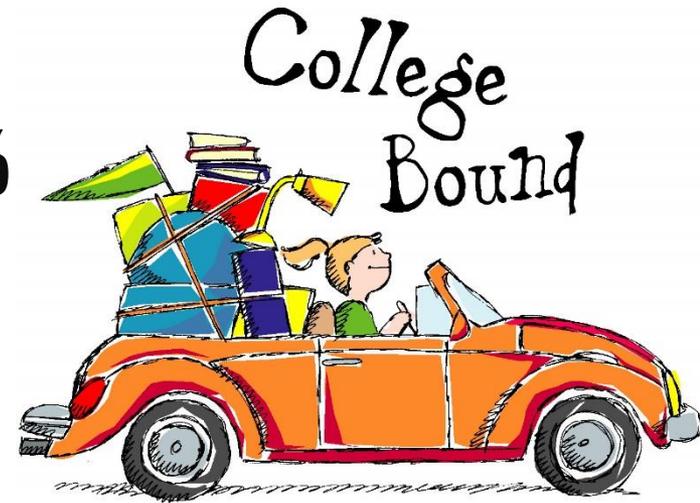


JUNIOR SEMINAR INFORMATION SESSION: 8/23/2016

KATIE DI CARLO, WYWLA COUNSELOR



- Junior “Big Rocks”
- Graduation Requirements
- SAT/ACT Testing Timeline
- College Exploration
- Factors in the Admissions Process

WCPSS COLLEGE FAIR: SEPT. 18TH

What: Wake County Schools College Fair – Over 100 colleges and universities will be represented at the fair.

When: Sunday, September 18th from 2:30 – 4:00 pm

Where: McKimmon Center at NC State's campus

How to Register: Visit www.gotocollegefairs.com to register.

JUNIOR “BIG ROCKS”

Begin with the end in mind!

- Standardized Testing
- College Exploration
- Maintaining Grades

Maintain strong grades – If you are submitting applications for early decision/action, colleges will only see grades from 9-11th grades. Begin to consider your 5th year option and its consequences.

Work with Mrs. di Carlo to develop a college entrance exam timeline (SAT & ACT).

Continue to participate in extracurricular & volunteer activities & part-time work. Pursue leadership opportunities! And, keep track of these activities! 😊 Remember quality over quantity!

Purposefully explore colleges and complete campus tours.

GRADUATION REQUIREMENTS

COURSES	CREDITS
ENGLISH English I, II, III & IV	4 credits
MATHEMATICS CC Math I, II, III & IV	4 credits
SOCIAL STUDIES World History, Civics & American History I & II	4 credits
SCIENCE Earth Science, Biology & Chemistry	3 credits
HEALTHFUL LIVING	1 credit
6 ELECTIVE CREDITS – for application to a 4-year college, 2 of these credits must be foreign language	6 credits
TOTAL	22 credits

COLLEGE COURSES THAT FULFILL GRADUATION REQUIREMENTS

English III and IV = ENGL 131, 132, 245 and 331 – Must take complete sequence of courses!

Foreign Language I and II = Elementary Spanish, French or Chinese I and II (same language)

Healthful Living = PE 120 (Total Wellness) AND a PE Activity Course

4th Humanities Credit (if taking AP US History) = SAU Humanities elective (check with Mrs. di Carlo) or Conversations in Diversity

CREATING A COLLEGE ENTRANCE EXAM TIMELINE

Keeping the end in mind: Ideal to complete all standardized testing by November/December of senior year – by October for competitive scholarships and early admissions deadlines.

All NC juniors will take the ACT in March.

Recommendation for Juniors:

- PSAT: Saturday, October 15th
- SAT: December or January date of junior year
- ACT: Take for free in March! 😊
- May/June: Take either the SAT or ACT
- Fall of senior year: Take either the SAT or ACT

CHANGES IN PSAT ADMINISTRATION

- The PSAT will be administered on SATURDAY, October 15th this school year.
- For WYWLA students, the PSAT will be administered at Southeast Raleigh High School.
- Interested students must register at Southeast Raleigh by September 9th. The cost to take the exam is \$15. Checks must be payable to Southeast Raleigh High School.
- Juniors who have a 4.5625 GPA can take the PSAT for free but you still must let Mrs. di Carlo know if you are testing so that Southeast can order a test booklet for you.

HOW TO REGISTER FOR THE SAT

Register online at www.collegeboard.org

Cost: \$57 (SAT Plus Essay) – Fee waivers available if your student receives free and reduced lunch.

Select a testing site that is most convenient to you & be mindful of registration deadlines.

Carefully review identification requirements & calculator restrictions.

Select 4 colleges to report scores to – Additional score reports are \$9 each. Colleges that your students apply to **MUST** receive official scores directly from CollegeBoard.

SAT Dates

- October 1
- November 5
- December 3
- January 21
- March 11
- May 6
- June 3

HOW TO REGISTER FOR THE ACT

Register online at www.actstudent.org

Cost of exam: ACT PLUS Writing: \$56.50 – Fee waivers available.

Be mindful of registration deadlines.

Select 4 colleges to send scores to – Colleges that your students apply to **MUST** receive official scores directly from ACT.

Carefully review identification requirements & calculator restrictions.

ACT dates:

- September 10
- October 22
- December 10
- February 11
- April 8
- June 10

TYPES OF DEGREES

High School – 4 years: Diploma

Community College – 2 years: Associates Degree

College/University – 4 years: Bachelor's Degree

Postgraduate Studies – 2 + years: Master's Degrees

Postgraduate Studies – 3+ years: Doctorate Degrees:
ED, PhD, MD

Professional Degrees – Law Degrees

At SAU, you will not earn an additional degree; you will accumulate college credit hours.

TYPES OF FOUR YEAR COLLEGES: PUBLIC VS. PRIVATE

Public Colleges and Universities

- Public colleges and universities are funded by local and state governments and usually offer lower tuition rates than private colleges, especially for students who are residents of the state where a college is located.
- Examples: University of North Carolina-Chapel Hill 
East Carolina University, Appalachian State University, College of Charleston

Private Colleges and Universities

- Private colleges rely mainly on tuition, fees and private sources of funding. Private donations can sometimes provide generous financial aid packages for students.
- Examples: Duke University 
Davidson College, Harvard University, Saint Augustine's University, Vanderbilt University

TYPES OF FOUR YEAR COLLEGES: IN STATE VS. OUT OF STATE

Public In State Schools: The cost of attendance is lower for in-state residents because your parents have been paying into the NC tax system that supports our public university system. Public in state schools are also obliged to accept a certain percentage of in state residents.

Public Out of State Schools: As a non-resident, you will pay the full sticker price as a non-resident at an out of state school. [How will the percentage of accepted non-resident students differ than resident students?](#)

Private In State and Out of State Schools: There is no difference in cost of attendance for in state and out of state private schools. [Why?](#)

TYPES OF FOUR YEAR COLLEGES: COLLEGES WITH A SPECIAL FOCUS

- **Arts Colleges:** Art colleges and conservatories focus on the arts. In addition to regular course work, these colleges provide training in areas such as photography, music, theater or fashion design. Most of these colleges offer associate or bachelor's degrees in the fine arts or a specialized field. Examples: Savannah College of Art and Design, New York Fashion Institute of Technology
- **Single-Sex Colleges:** All four-year public colleges, and most private colleges, are coed. But there are some private colleges that are specifically for men or for women. Examples: Hampden-Sydney College (men); Meredith College (women); Wellesley College (women)

TYPES OF FOUR YEAR COLLEGES: COLLEGES WITH A SPECIAL FOCUS

- **Religiously Affiliated Schools:** Some private colleges are connected to a religious faith. The connection may be historic only, or it may affect day-to-day student life. Examples: Campbell University, Wake Forest University, Saint Augustine's University, University of Notre Dame
- **Specialized Mission Colleges:** Historically black colleges and universities (HBCUs) focus on educating African American students. Hispanic-serving institutions (HSIs) are colleges where at least 25 percent of the full-time undergraduate students are Hispanic. HBCUs and HSIs may offer programs, services and activities targeted to the underrepresented students they serve. Examples: Spelman College (HBCU and women's college), Howard University (Washington, DC), North Carolina A&T, Texas State University (HSI), Florida Atlantic University (HSI)

IT'S YOUR TURN!

- Work with a partner to research two schools that you are interested in exploring using Big Future from College Board and the template handout. Explore more colleges if time allows!
- Website: <https://bigfuture.collegeboard.org/>
- Share out with entire group!

FACTORS IN THE ADMISSIONS PROCESS

Rigor of course work

Grades (Weighted & unweighted GPA)

Class rank

SAT and/or ACT scores

Extracurricular activities – Quality over Quantity!

Part-time work experience

Recommendations

Essays

Recommendations & essays particularly come into play when determining honors college placement and scholarship opportunities based on undergraduate application only.

THE ROAD TO COLLEGE & PREPARING TO APPLY

Conduct web searches on sites such as www.cfnc.org and www.collegeboard.org – College Match is a great feature!

Visit undergraduate admissions websites and talk with older friends, parents and counselors.

Attend college fairs, and set up campus tours by calling admissions office or visiting websites.

Compare your stats to recently admitted freshmen:
www.bigfuture.collegeboard.org

Research application deadlines and university-specific scholarship opportunities.

Research freshman college profiles to get a sense of average GPA's and testing scores for recently admitted students.

COLLEGE SELECTION CHECKLIST

Offer Major

Location (In State vs. Out of State)

Size of School; Faculty-Student Ratio

Extracurricular Activities

Financial Assistance

Strongest or weakest academic departments

Weekend Activities

Transportation

Is this school the best fit for **your child?**

TRANSCRIPT NUTS & BOLTS

What is on a student's transcript?

- History of final grades in high school and college courses
- Weighted and unweighted GPA
- Class rank
- EOG & EOC scores

What is **not** on a student's transcript?

- Extracurricular activities
- Service hours
- PSAT, SAT & ACT scores

TRANSCRIPT NUTS & BOLTS CONT.

Where do I send my student's transcript?

- To any school, including community colleges, that students apply to
- Summer opportunities and scholarships may require a transcript.
- Final transcripts must be sent to the college that student decides to attend.

How do I request a transcript?

- By completing a records release with Mrs. Loftin.
- Senior Year: You will request transcripts to be sent to NC colleges online through www.cfnc.org or through the Common Application.

CALCULATING GPA

*** DENOTES WEIGHTED GRADE POINTS**

GRADE	ACADEMIC	*HONORS	*EARLY COLLEGE	*ADVANCED PLACEMENT
A	4	5	5	6
B	3	4	4	5
C	2	3	3	4
D	1	2	2	3
F	0	0	0	0

COLLEGE SELECTIVITY

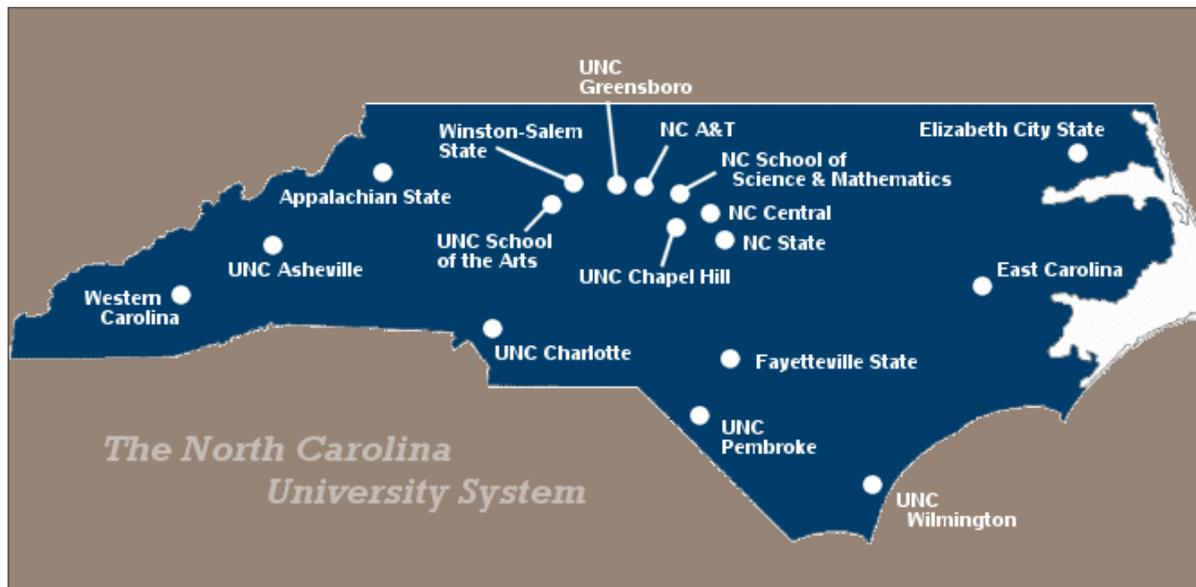
To determine a college's selectivity, divide the number of accepted students by the applicants.

- **Most Selective:** Less than 25% of applicants are admitted. Examples: Harvard University (6%) Over 37,000 students applied to Harvard last year. 2,000 students were admitted.
- **Very Selective:** 25-50% of applicants are admitted. Examples: UNC-Chapel Hill (29%); Wake Forest University (34%)
- **Somewhat Selective:** 50-75% of applicants are admitted. Examples: Elon University (51%); Meredith College (61%)
- **Less Selective:** Greater than 75% of applicants are admitted: Examples: Queens University of Charlotte (78%)

UNC MINIMUM ADMISSIONS REQUIREMENTS

To submit an application to a UNC system school, an applicant must meet the following requirements:

- Fulfill all HS graduation requirements and complete two consecutive levels of the same foreign language
- Earn a minimum 2.5 GPA and 800 SAT (Critical Reading + Math) or 17 ACT composite score



COST OF ATTENDANCE

What is included in cost of attendance?

- Tuition and fees
- Room and board
- Books and supplies
- Transportation
- Personal Expenses

COST OF ATTENDANCE

Sample Costs of Attendance (for one year):

- UNC-Chapel Hill (in-state resident)
 - Tuition and fees: \$8,591
 - Room and board: \$10,902
 - Books and supplies: \$1,442
 - Estimated personal expenses: \$2,552
 - Transportation expenses: \$862
 - **Estimated Total: \$24,349**
 - ***For an out of state resident, the estimated total is \$49,431.**
- Duke University
 - Tuition and fees: \$49,241
 - Room and board: \$14,032
 - Books and supplies: \$1,320
 - Estimated personal expenses: \$2,206
 - Transportation expenses: \$600
 - **Estimated Total: \$67,399**

EXTRACURRICULAR OPPORTUNITIES

Triangle Options: <http://www.carolinaparent.com/articlemain.php?Volunteer-and-Community-Service-Opportunities-in-the-Triangle-3086>

YMCA: <http://www.ymcatriangle.org/give/volunteer>

Church work and mission trips

Wake County Libraries:

<http://www.wakegov.com/libraries/services/teens/Pages/default.aspx>

Activate Good: <http://activategood.org/opportunity>

Summer Ventures – Deadline is January 31st! : <http://www.summerventures.org/>

NC Governor's School – Junior Year Opportunity: <http://www.ncgovschool.org/>

College camps – Scholarships available!

Part-time employment: Shows initiative and responsibility.

LETTERS OF RECOMMENDATION

You may need letters or references for summer opportunities, job applications and college applications.

Ask – don't assume.

Give us all necessary information: program details, letter deadline and address, stamped envelope if necessary, a copy of your resume.

Give teachers at least two weeks notice.

Who is the best person to serve as a reference?

Follow up with a thank you!



COLLEGE ADMISSIONS OPTIONS

Early Action

Early Decision (Most binding option!)

Regular Admission

Rolling Admission

REFERENCES & RESOURCES

WYWLA Counseling Website: www.wywlacounselor.weebly.com

CollegeBoard: www.collegeboard.org

Big Future: www.bigfuture.org/make-a-plan

College Foundation of NC: www.cfnc.org

College Week Live: www.collegeweeklive.com

College View: www.collegeview.com

Free Application for Federal Student Aid (FAFSA): <http://fafsa.ed.gov>

Please contact me with any questions or concerns!

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